

ROCKFORD PUBLIC SCHOOLS

MENTAL HEALTH EDUCATION & RESOURCE NIGHT

An evening of connection and learning.



Wednesday, February 4th

5:30 PM - 8:30 PM

Rockford High School Auditorium

4100 Kroes Street NE | Rockford, MI49341

Sponsored by:

REF | ROCKFORD EDUCATION
FOUNDATION

Join us for a cost-free evening dedicated to strengthening our community through mental health education, awareness and connection. Visit with over 20 vendors and listen to two speaker presentations.

Guest Speaker Presentations



**GUIDING YOUTH THROUGH
THE COMPLEX WORLD OF
SUBSTANCES**

5:30 PM - 6:30 PM

Mariah DeYoung
LMSW, CAADC, CCS
Pine Rest Christian Mental
Health Services

**FROM PANIC TO POWER:
UNDERSTANDING ANXIETY
THROUGH DYNAMIC
PSYCHOTHERAPY**
7:00 PM - 8:00 PM

Chloe Metzger, LMSW
Therapy Today
Counseling & Consulting

