



Dear Parents and Guardians,

The Children's Advocacy Center of Kent County offers the body safety program, Kids Have Rights®, to students in kindergarten through 4th grade throughout Kent County. The Kids Have Rights® curriculum incorporates information on:

- The body safety "rights" all kids have.
- Identification of Safe Adults in a child's life they can go to if they need help.
- Recognition of touches and situations that may be/are unsafe.
- Reporting unsafe/potentially unsafe touches and situations to a Safe Adult.

The Kids Have Rights® classroom lessons are led by staff of the Children's Advocacy Center. These lessons provide engaging, child-centered, and age-appropriate body safety knowledge for children.

- ✓ **Kindergarten and 1st-grade** students participate in a 30-minute program that combines movement with learning. They identify safe adults in their lives and start to differentiate touches that are "Safe" from touches that are "Not Safe".
- ✓ **2nd graders** watch a 3-minute video about the body safety rights kids have and complete a take-home activity identifying their "network" of safe adults. Students gain a deeper understanding of the three different kinds of touch, as well as the importance of seeking help from a Safe Adult as needed.
- ✓ **3rd grade** lesson begins with a review of the Body Safety Rights video, and identification of those making up their Safe Adult Network. Students watch a two short vignettes, providing a model of how to have these important conversations w/ Safe Adults re: feelings and unsure/unsafe touches. KHR Educators facilitate important discussion with the students, highlighting key concepts and skills in the stories they viewed.
- ✓ **4th grade students** expand their knowledge on the "rights" all kids have by watching a 3-minute video on their "Rights and Responsibilities". Students begin to explore the responsibility they have in helping ensure that they act in ways that are respectful of the rights of others. Students review Safe Adults, different types of touch, and begin applying their learning and practicing their skills using role playing and navigating hypothetical situations. Students watch a 5-minute video followed by a discussion highlighting the key concepts observed in the story viewed.

On the day of your child's classroom lesson, a Kids Have Rights® brochure for parents and caregivers will come home with information on body safety education and prevention. In the weeks following the initial lesson, your child will bring home three activity pages completed in class to help reinforce learning and encourage conversation around this topic. Please review these with your child, read the information on the back, and complete the parent/child activity.

Lastly, we thank you in advance for taking time to complete our parent/caregiver evaluation that will be sent home following the completion of the body safety unit. We value and appreciate your partnership and feedback!

If you would like your child excluded from the program please contact your child's school.

If you have any questions, please contact your child's school, or visit our website for more information:

<https://cac-kent.org/our-services/kids-have-rights/>