



Frequently Asked Questions of the Kids Have Rights Program (KHR)

1. What are the qualifications of your KHR Educators?

KHR Prevention Educators bring varying, relevant, experience and education to our Prevention Program. Collectively, the team possesses background in the areas of education, child development, child psychology, and family and child services. KHR educators have experience working with children of all ages both in and out of the classroom. All members of the team are provided with specialized training specific to their role and invest in ongoing education and professional development – ensuring both program content and delivery remain relevant and in line with best practice.

2. What does the Kids Have Rights Program teach students?

The KHR Curriculum student learning goals center around:

- Body Safety Rights (see below)
- Identification of Safe Adults
- Three distinct kinds of touch (Safe, Not Sure, Not Safe)
- When and how to get help from a Safe Adult

What are the “rights” that KHR teaches?

KHR teaches that all kids have body safety rights that they are entitled to no matter what. Knowledge and understanding of these rights, empowers kids to help keep themselves safe. Through Kids Have Rights, students learn they have the right to:

- Say “no”
- Feel and be safe
- Be listened to
- Be who they are
- Not to be touched on the private parts of the body
- Tell and be believed

3. Am I able to preview the video(s) that will be shown in my child’s lesson?

We do not provide open viewing access to the videos used in our lessons for multiple reasons. The vignettes viewed in 3rd and 4th grade were designed intentionally to be viewed within the context of the body safety lesson and KHR Programming. When viewed in isolation, without background knowledge re: the intended purposes of the vignettes shown in 3rd and 4th grade may be unclear and could present more questions and confusion.

That said, we understand the desire to preview video content on this sensitive topic, and believe that if used effectively, the vignettes can serve as a shared learning resource, providing families with an additional springboard for important conversations at home.

If you have a child in 3rd – 4th grade and are interested in previewing the videos that will be shown during their classroom KHR lesson, please reach out to (me or school contact/staff?) We will be happy to provide you with a link for viewing, along with some additional background/context to increase understanding surrounding purpose and support any follow-up conversation you may engage in with your child before or after their classroom lesson.

4. Are the lessons different for each grade?

While KHR addresses many of the same body safety concepts in all grades (K-4th), the lessons differ by grade level as we vary our teaching methods, strategies, and materials, to ensure the content is presented and explored in a developmentally appropriate way that is accessible, relevant, and engaging for the students.

Lessons range in duration from 30 minutes (for the younger students) to 1 hour (3rd and 4th). In the early grades, the content is presented in a more simplistic way with the use of many visual aids, movement, whole-group participation, etc. As students get older, the lessons incorporate more structured opportunities for them to apply their learning and to practice using body safety skills. All grade level lessons are designed to be engaging, positive, and empowering.

5. Does KHR consist of ONLY classroom lessons that the Prevention Educators come to teach?

While the initial classroom lessons are a big part of Kids Have Rights, our visits are only one component of our school-based prevention program. KHR Educators leave behind a “Body Safety Unit” for classroom teachers to complete with their students in the weeks following our visit. These classroom mini-lessons serve to support learning, practice skills, and reinforce for students that teachers themselves are often wonderful Safe Adults.

6. Does the KHR program provide educational resources for parents/caregivers and school staff?

While we strongly believe in the importance and value of providing children with body safety education, we also believe that the responsibility of abuse prevention should never be placed on children alone. Child Sexual Abuse is a community epidemic and requires a community-based solution. Prevention is only successful when there are Safe Adults children can turn to, who are educated and informed on their role. KHR provides parents & caregivers, and school staff, with information, training opportunities, and resources to continue and normalize conversation surrounding body safety, ensure they are adequately equipped to prevent, recognize, and respond to suspected or disclosed abuse.

7. How many schools does Kids Have Rights partner with?

We partner with 18 public school districts in Kent County, along with several private and charter schools. Throughout the 2022-2023 school year, our KHR Educators educated over 25,000 children in grades K-4.

8. Are parents allowed to attend a KHR presentation in their child’s classroom?

While we welcome parents and/or caregivers to sit in on their child’s body safety lesson, we do try to keep additional adults in the room to a minimum. Too many extra bodies can impact student engagement and participation. Permission to observe a lesson needs to come from the school/classroom teacher.

For additional questions or more information – please reach out to our Prevention Services Supervisor, Andrea Woller, at 616.226.2826 OR awoller@cac-kent.org.

Kids Have Rights is a program of the Children’s Advocacy Center of Kent County